



The First Messenger

SEPTEMBER HIGHLIGHTS

Memorial Day—Church Office Closed September 4th
 Healing Service September 24th
 Seeing in Color Again Speaker September 27th

Volume 32

September 2023

Issue 9



NOISY OFFERING TOTALS

The total Noisy Offering collected in July is \$665.62 and was donated to Lutheran World Relief!

For the month of August, the Noisy Offering was for TeachHaiti and the total sent to them was \$499.08.

In the month of September, Noisy Offering collected will go towards FLC Youth & Family Ministries.

What's Inside?

Action Corps	Page 14
Calendar	Page 15
Library Update	Page 10
Memorials	Page 13
Parish Health	Page 6
Pastor Joe's Update	Page 2
Pastor Lauryl's Word	Page 3
President's Post	Page 5



HEY **KIDS** !!! About NOISY OFFERING !!!

We want to THANK YOU for being so happy to collect noisy offerings each Sunday. Each time you do, the adults in church get a chance to give some spare money to very important projects.

The total Noisy Offering collected in August was \$499.08. That money will go to help kids like you in a far-away country called Haiti.

Haiti is having very tough times. Every day, it is very, very hot there. The people in Haiti are very poor. Most don't even have enough water or food. Their homes are often just tent fabric ties to trees. Most kids in Haiti can't go to school. There are lots of reasons for this. Some areas don't even have schools or desks or pencils & paper. Some classrooms are very very crowded so kids can't sit.

Another big problem in Haiti now is that they don't have enough teachers. So, the money you collected in August will go to a group called "TeachHaiti." They are church-related people & they believe that all kids should have the chance to learn. The money will help teach Haiti-people to become teachers so more kids can learn.

We are so glad you help to collect noisy offerings. YOU are amazing. You matter so much in how we can help the world. We can help here near Detroit Lakes or far away, like in Haiti.

And, yes, it's great if you tell the adults giving money to your noisy offering a big THANK YOU.

Our people at First Lutheran are so good. They are cheerful & kind. The Bible says "God loves a cheerful giver." For sure, God loves all at First Lutheran – and He loves how YOU help !!

PASTOR JOE'S UPDATE

Update from Lead Pastor Joe Skogmo

September is upon us!

The fall season can be intensely nostalgic, can't it? I wonder why. Is it the smell of the changing seasonal air bringing back school or sports memories of yesteryear? Is it literally the decaying leaves and browning vegetation that make us consciously or subconsciously wrestle with the fact that time marches on, that nothing can stay the same? All the above? In any case, fall tends to be full of nostalgia.

And nostalgia is a wild human experience, isn't it? The moment it strikes is such an existential shockwave – looking at an old photo, finding old dishware, preparing baby clothes for the rummage sale, seeing an old toy, hearing an old song, smelling familiar perfume or cologne, whatever it may be – when nostalgia hits us...it HITS us. Then there is the *tension* experienced within nostalgia: is it joyful? Is it forlorn? Is it comforting? Is it heartache? Is it all the above?

Yes. Nostalgia is an emotional spectrum.

The emotional fusion of nostalgia is actually in the word itself. Nostalgia is a word that has Greek roots, and those Greek roots are fascinating. Nostalgia is a combination of two Greek words: *nostos* and *algos*. *Nostos* (νόστος) means 'to return,'¹ to experience a 'homecoming.' And *algos* (άλγος) means pain or suffering.² Is that not the contradictive experience of nostalgia!? –a homecoming but tinged with woe –a feel good return home but filled with ache –a return but to a place that no longer is.

A two-edged sword, and even each edge is complicated. For instance, the 'feel-good' edge of nostalgia: on one hand, it can bring us to cherished, heartwarming memories, and these feel-good memories can bring us to gratitude and hope for the future!

On the other hand, the researcher and author, Brené Brown, says that the 'feel-good' parts of nostalgia can also be 'dangerous' because it can bring us to a place of comparison which never lets the present live up to the past – in this way, nostalgia can be a thief of joy; more dangerous yet, nostalgia can seduce us into telling a story that never *was*. Read this excerpt from Brown's book *Rising Strong*:

Nostalgia sounds relatively harmless, even like something to indulge in with a modicum of comfort...But it's also dangerous. In fact, in the case of my own family, the seduction of nostalgia bordered on lethal.

When you're raised by a wild pack of storytellers the way I was, nostalgia is the currency of the realm...No matter how many times we heard the tales, we loved them, and we loved knowing that a little outlaw blood coursed through our veins. But the truth cut right through the nostalgia of those stories...

Looking at that map [of our family's history], I realized that much of what had been dressed up as hard [outlaw] living was really addiction and mental health issues. Yes, there were wonderful folkloric stories of struggle, triumph, and rebellion, but there was also story after story of trauma and loss.

...Sometimes, the deep love we feel for our parents or the sense of loyalty to our family often create a mythology that gets in the way of our efforts to look past nostalgia and toward truth.

...I also don't frame my own wild stories as war stories from "the good old days." Yes, I have wonderful family memories and stories of crazy adventures that I love to share, but when it comes to addiction, medical histories, and mental health, I believe that nostalgia is deadly.³



(Article continues on page 8)

¹SEE: <https://en.wiktionary.org/wiki/nostos>.

²SEE: <https://en.wiktionary.org/wiki/%E1%BC%84%CE%BB%CE%B3%CE%BF%CF%82>.

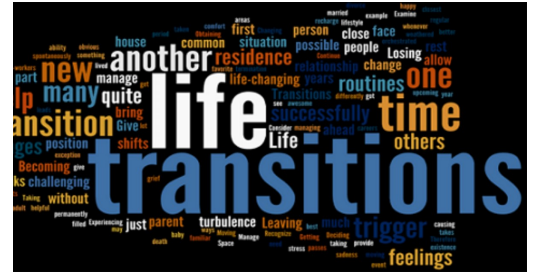
³Brené Brown, *Rising Strong* (New York: Simon Walker, 2015), 140-141.

LAURYL'S WORD

Update from Pastor Lauryl Ivers, Associate Pastor

Dear First Lutheran family,

All of us go through transitions and changes in our lives, and I'm going through a major one right now. My hope is that I will manage retirement in a healthy and hopeful way for the beloved congregation I'm serving, and for myself. I don't know if I mentioned that before I became a pastor, one of the departments I managed in a Seattle bank, was "Problem and Change Management". That must have been part of God's plan of training for me since I've had many opportunities to work on this! One of my favorite books is called Welcoming Change – Discovering Hope in Life's Transitions, by James E. Miller. Rev. Miller talks about three phases of change: endings, transitions, and beginnings. I keep going back to reread some of the wise things he says:



All change is uncomfortable. Even when it's desired, change can be disturbing...it introduces the unknown, the uncertain... strong emotions may arise within you, ones you'd rather not face, or ones you don't know how to face. You always have a choice, the choice of how you'll respond.

Endings: *What we call a beginning is often an ending, and to make an end is to make a beginning. The end is where we start from. ...The best route to take is through your endings, not around them...express your feelings, not hide them... Whether the loss is major or minor, the result is the same: a sense of grief.*

Transitions: *Even if the change is one you've looked forward to, you'll probably experience "in-between" feelings nonetheless, for you must let go of what has been, before you can grasp what will be. ... Two processes are at work here: one is the external change... the other process, your internal transition, is altogether different. Renewal is taking place ever so gradually. If you push ahead too quickly, you'll restrict what's forming carefully, fragily.*

New Beginnings: *Your beginnings are no more important than your endings, no more worthwhile than your interim periods. They're simply that next step in your growth, another chance to become more completely who you're meant to be.... You can abide with the unknown, confident that the Unknowable already abides with you, and always will.*

My friends, may God be with you to comfort you in the grief of changes, to encourage you through the transitional times, and to bring blessings in the new beginnings of all the changes in your life,

-Pastor Lauryl

Be transformed by the renewing of your minds, so that you may discern what is the will of God – what is good and acceptable and perfect. (Romans 12:2)



Alleluia Ringers—Can you ring a bell? It's time to Ring Again!

The First Lutheran Bell Choir - the Alleluia Ringers - will begin ringing again on September 6. We have some additional spots to fill as we have more bass bells to ring! Can you read music? Can you count to 6? We would love to have you. We practice every Wednesday at 6:15 PM in the choir room and ring about 2 times per month at the 8:30 service as well as for special holidays. Come join this fun group as we ring praises to our Lord in worship services. Questions? Contact Carla Hansen, Director at 701-200-8984 or hansencarla62@gmail.com



JUBILATE CHOIR



Make a joyful noise unto the Lord...come into his presence with singing."

What an incredible joy it will be to return to making music this fall at FLC as members of our Jubilate Church Choir! For those of you who have faithfully served as Jubilate Choir members, you know the fulfillment it brings to be involved in worship ministry and you also know what a joy it is to sing praises in worship to God, our Heavenly Father, and His Son, our Savior, Jesus Christ!

If you have ever been an FLC Jubilate Choir member involved in worship ministry, you know what a joy it is to sing to our Lord in worship. You also know what a privilege it is to lead members of your congregation in worship to our God we all love and serve. If you have ever thought about joining us, now is the time to do so! We invite you with open arms and hearts to join us to share in leading the congregation in worship on Sunday mornings where we typically sing at the 8:30 a.m. worship service. Please consider joining us – there are only a few requirements. Actually, I can think of only one requirement really – just a desire to sing with a bunch of really great authentic people who happen to be members of the Jubilate Choir!

I am very excited to once again return and start our Fall Season together as the Director of the FLC Jubilate Choir. Please join us in rehearsal on Wednesday, September 6th, from 7:15 PM – 8:15 PM in preparation for our worship services on Rally Sunday, September 10th.

All you need to bring to rehearsal is your voice, and a willingness to praise God! We welcome all adults and high school students who want to explore the joy of singing and harmonizing! No experience is necessary, only a desire to participate and celebrate!

The time for voices singing in praise has come!!!

The FLC Jubilate Choir will rehearse every Wednesday evening from 7:15 PM to 8:15 PM in the Multi-Purpose Room and will sing 2 to 3 Sundays a month.

We are looking forward to seeing you on Wednesday, September 6th!

- Kathryn Larson, Director

Bible Study—Written by Patti Cummins

"For He has satisfied the thirsty soul, and the hungry soul He has filled with what is good." Psalm 107:9

"What's happening tomorrow, Grandma?" We were on our way home from an evening kids' VBS, and Oaklyn was apparently ready for more.

"I don't know, Hon. You will be at home with your Mom tomorrow."

"But why can't I stay with you tomorrow, Grandma?"

"Grandma has a full day tomorrow, starting with Bible study early in the morning."

"But Grandma! Kids can go to Bible study!"

"Yes, but Grandma's books are harder, and we have to be able to read."

"When I learn to read, can I go to Bible study with you Grandma?" Oaklyn was eagerly but impatiently waiting for the magic of kindergarten that would unlock the mystery of reading.

A few weeks ago, for the first time this summer, Oaklyn attended church with me and was somewhat disheartened to discover there's no Sunday School during the summer months. In addition to the socialization and activity of Sunday School, kids wait expectantly for that moment when, "He open(s) their minds to understand the scriptures" Luke 24:45. Reading is not the only realm that holds mystery for kids – and if we're honest, understanding God's creative design for our lives remains somewhat enigmatic for us adults as well.

"Listen, O my people, to my instruction: Incline your ears to the words of my mouth. ... We will not conceal them from the children, but tell to the generation to come the praises of the Lord, And His strength and His wondrous works that He has done." Psalm 78:1,4. The Bible illuminates throughout its pages God's desire to be in relationship with persons of every age. But first, they must know God as their creator, guide, and savior.

I look so forward to the church clamoring with young, excited voices again. Just like adults, kids' hungry and thirsty souls are fed, a bite at a time, through Bible stories and messages, loving fellowship, and grace-filled acceptance. A goody from the treat table can be a blessing too.

PRESIDENT'S POST

Update from Vision Council President Gail Colby

Welcome to September! Welcome back to school and back to Wednesday and Sunday school! When asking people how their summer has been, there are a variety of answers. But every person says, "But it went so FAST!" So don't put away your bikes, boats, kayaks, paddle boards, etc. yet! Let's embrace a wonderful warm fall.


I want to provide you with a quick update on our church projects: Jeff Murphy informed us a new heat pump for the sanctuary was installed 8-16. A new thermostat for the sanctuary will be installed. And soon the new humidifier will be installed for the HVAC system. He is researching the replacement of the fire doors that were damaged due to the low humidity during the covid shutdown. By the time you read this newsletter, I'm hoping our new kitchen flooring will have been installed and our parking lot finished. The repair of the brick work on our outdoor worship area will be hopefully starting sometime after our last outdoor worship this year on 8-27-23. Continue to pray for FLC's repairs and renovations. We have a lot of moving parts happening! I would like to give my ongoing thanks to the paid staff and the unpaid volunteers who give of their time, knowledge, and physical work to make these things happen. First Lutheran Church, you continue to amaze me!

Carla Solem, our President Elect, is doing a wonderful job leading out Dream Big Committee. This is a very exciting time for FLC. We are looking for 2 more members for our Dream Big Committee who could provide input regarding the needs of the Education Wing. If you don't feel you can participate on a committee at this time, please fill out this survey to help us gather information to help us meet the needs of our youth and children's ministry. <https://www.surveymonkey.com/r/GDPCDTP>

As for myself, I have gotten to enjoy seeing some family at my nephew's wedding, spending some time with my grandchildren, a little biking and kayaking. Every year, I attend We Fest with a couple of good friends. This year, besides my friend, my niece was also my house guest. So I had to clean and plan some meals! Which doesn't sound like a big deal, but when you're single you can eat popcorn for supper if you want! I didn't serve anyone popcorn, but my breakfast burritos are very convenient to heat up for breakfast, lunch or dinner. We Fest is always interesting because you always meet new people and often run into old friends. JoDee Messina was a favorite that debuted in Country Music in 1996. She played her old hits, new songs and she rocked that 4 o'clock crowd with a current cover tune "My Jesus" by Anne Wilson. Great performance! I am now a fan of Kane Brown, the headliner. This 29 year old young man looks more like he would be a rap singer, but he is a multiracial country singer who didn't know he wasn't white until he was bout seven. In 6th grade he was called the 'N' word and began to understand racism. He has a story worth hearing. In 2021 he was named in Time magazine's 100 most influential people of the year and also named in Time as "31 people changing the South". He received ACM video of the Year award in 2020 for his anthem "Worldwide Beautiful". I encourage you to look it up. It's an important message for all of us.

See you at worship!

A new command I give you: Love one another. As I have loved you, so you must love one another. John 13:34



ALTAR GUILD MEMBERS—The fall signup sheet is now posted in the sacristy. Please sign up for the Sundays you are able to help at either the 8:30 or 10:45 service.

NEW MEMBERS ARE NEEDED! The time commitment is minimal and you will be trained. Two persons are needed for each service. The 8:30 members do the setup while the 10:45 members do the clean up as well as assisting during the service. A new member will be matched with an experienced member. Any questions call Sue Berg at 218-234-3170 or Jean Benson at 218-847-5489.



Parish Health

Denise Gaard ♦ 218-847-5656 ♦ denise@firstlutheranchurch.com

Suicide Prevention Awareness Month

Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender, or background. In fact, suicide is often the result of an untreated mental health condition. Suicidal thoughts, although common, should not be considered normal and often indicate more serious issues.

September is Suicide Prevention Awareness Month—a time to raise awareness of this stigmatized, and often taboo, topic. During this month the goal is to shift public perception, spread hope and share vital information to people affected by suicide, and also ensuring that individuals, friends and families have access to the resources they need to discuss suicide prevention and to seek help.

- 79% of all people who die by suicide are male.
- Although more women than men attempt suicide, men are 4x more likely to die by suicide.
- Suicide is the 2nd leading cause of death among people aged 10–14 and the 3rd leading cause of death among people aged 15–24 in the U.S.
- Suicide is the 12th leading cause of death overall in the U.S.
- 46% of people who die by suicide had a diagnosed mental health condition - but research shows that 90% may have experienced symptoms of a mental health condition.

To help raise awareness, FLC has invited **Scott Geiselhart** to speak during Wednesday worship on **September, 27th at 6:00PM**. His presentation, Seeing In Color Again, is an inspirational presentation that educates audiences about PTSD, addiction, and suicide. Scott was one of the first firefighters in the country to talk about his experience with PTSD, addiction, and his suicide-attempt. You will hear about his very personal journey that took him from a very dark place to post traumatic success. This presentation will take the place of a worship service for the night. All ages are welcome to listen to Scott talk about his journey and how to get help. For those who wish to attend, but do not think their children are ready for such sensitive content, there will be volunteers in the Rec Room leading various activities for youth and families who desire an alternative option.

If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org to reach the 988 Suicide & Crisis Lifeline.

Tai Ji Quan Class

We will be starting a new Tai Ji Quan session on September 26th. This class will be held in the Rec Room on Tuesdays and Thursdays at 1:00PM. All are welcome (yes, that includes men!). Tai Ji Quan improves our balance and strength. The movements can be done standing or seated and in a way that is most comfortable for you. This is a 12-week session ending December 21st. If you would like to improve your balance, become stronger and maybe make a new friend or two, please come! Invite a friend or family member to come with you. Call me at 218-847-5656 with questions.

Making a Connection



When you meet and greet parishioners in church, it's usually small talk – often-times our conversations don't get any deeper than "Good Morning!" "How are you?" "Have a good week!"

As a church, we are family! Wouldn't it be great to know a little more about each other? Our Adult Faith Formation team would like to feature two families in each monthly newsletter beginning in October.

Please consider volunteering your stories **by the 20th of each month** to:

Sandi Kemmer: Email: tsk@arvig.net or Mail: 1821 Aspen Dr, Detroit Lakes

Sandi will get the stories to Melissa to be printed in the newsletter.

Suggestions:

- Where members of the family grew up
- Experiences
- Sports/Music/Activities
- Community involvement
- Jobs/Occupations
- Humorous events
- Trips you've taken
- Please, No Political Opinions
- Your story can be as long or short as you desire, not to exceed one typed page

Waiting to get started! Please participate!

Fall & Winter Office Hours Begin!

The church office will be going back to its Fall and Winter hours on Friday, September 8. We will be open Monday through Friday from 8:30 AM to 4:00 PM.

PIECEMAKER

~The FLC Quilters~

This month's quilt is an interesting one. The blocks were donated to the quilters years ago. They are hand embroidered and depict the first 13 colonies as they entered statehood. The embroidery includes the shape of each state, the state flower, the state bird, the year the colony entered statehood, the name of the state and its order number. For example, Delaware was the "1st of the 13", and Rhode Island enlarged here, was "13th of the 13."

Thirteen is an unusual number of blocks for a quilt. Many quilters looked at the blocks and puzzled over a setting. At one point the embroidered blocks received the blue strips along the top and bottom. There wasn't enough of the pretty blue to do more and the blocks languished again. This spring, an enterprising quilter took the blocks home, designed the setting, found material in her own collection of fabric for borders and completed the quilt top. It was then machine quilted and bound. The quilt is available for viewing on the railing at the top of the stairs near the elevator.

I'm sure the person who embroidered the blocks, whoever she or he may be, would be glad to know their project is complete.



(Pastor Joe's Article continued from page 2)

So, when nostalgia stands in the way of 'hard truths,' when it harbors denial of the pain we've experienced in our pasts, when nostalgia rewrites or doesn't fully tell history...it is dangerous. Beware the 'feel-good' parts of nostalgia.

NOW...when it isn't creating dangerous comparisons to the present and when it isn't contributing to denial, nostalgia can also be emboldening. It can be emboldening through the feel-good parts of it and even the aching parts of it!

The feel-good parts of it can stir us to gratitude for the joys in life we've lived. The feel-good parts can also give us hope for the future! This is what nostalgia can be in Scripture. One writer notes: "Throughout the Old Testament, God constantly called people to remember the mighty acts and miracles [God] had performed. By remembering how God had provided for them in the past, the Israelites could rest assured [God] would continue to care for them in the future."⁴

Take this example from Exodus 19:

⁴ "You have seen what I did to the Egyptians and how I bore you on eagles' wings and brought you to myself."

Remembering triumphs of the past can bring gratitude! And, as Michael J. Fox says profoundly, 'gratitude makes optimism sustainable.' Remembering triumphs of the past gives hope for the future!

And in the case of Psalm 145, the psalmist uses the whole psalm to prescribe nostalgia in order sustain hope for each new generation:

⁴ One generation shall extol your works to another
and shall declare your mighty acts.

⁵ They will recount the glorious splendor of your majesty...

Nostalgia can resurrect positive experiences of the past and thereby give rise to strength and hope as we meet the future.

Finally, nostalgia can even be emboldening in the aching parts of it. Nostalgia returns us home, but it also returns us to pain, to aching. Pay attention to that pain and aching.

Name it, because in so doing, nostalgia can help lead us into important griefwork; it can help us name the fact that such times of old are no longer, and we need to grieve that, and feel that...and eventually accept that and *move on*.

Scripture urges this, too. It's good to remember the old. It's good to confront that the past no longer *is*. It is good to grieve that healthily. AND...it is good to not stay there. The prophet Isaiah urges people to not dwell in the past (43):

¹⁸ Do not remember the former things
or consider the things of old.

¹⁹ I am about to do a new thing;
now it springs forth; do you not perceive it?

I will make a way in the wilderness
and rivers in the desert.

If you're confused at this point with what to do with nostalgia, well...first, I think that speaks in and of itself to the complexity and the emotional labyrinth that is nostalgia!

But, according to behavioral research and according to Scripture, let's land here: **Nostalgia can be a beautiful thing, stirring us to gratitude and hope. *And* it should be tread lightly – don't let it rewrite history so as to avoid hard truths, don't let it become 'a dangerous form of comparison,' don't let it blind you to the abundance of life now (John 10:10), and don't let it blind you to things that God can make new (Revelation 21:5).**

Visit the past with gratitude and love, visit the past to traverse grief, and don't stay there – let go, and look for the God who makes ways in the wilderness of the future.

Happy fall,

Pr. Joe

⁴Rebekah Bell, 'Don't Let Nostalgia Ruin Your Present,' in *Relevant Magazine* (February, 2023), <https://relevantmagazine.com/life5/dont-let-nostalgia-ruin-your-present/>.

**PARKING LOT
CLOSED**

They will be repaving the FLC parking lot on September 6, 7 & 8. Please use the church's front entrance across from the Court House if you are coming to the church on those days.

**HELP
WANTED**

FLC is still searching for a Youth & Family Ministries Coordinator. If you or someone you know is interested, please go to the FLC website for more information or contact the church office.

REGISTER NOW

GET YOUR KIDDOS REGISTERED!

We are now taking registrations for Sunday/Wednesday School and Confirmation. To register, go to the FLC website and look under the Faith Formation tab. The Wednesday/Sunday School registrations can be done on the Children's Ministry page and Confirmation registrations can be done on the Youth Ministry page.

MARK YOUR CALENDARS!

RALLY SUNDAY & WEDNESDAY

SUNDAY SCHOOL RESUMES SUNDAY, SEPTEMBER 10

TRADITIONAL WORSHIP - 8:30 AM
SUNDAY SCHOOL - 9:30 AM
CONTEMPORARY WORSHIP - 10:45 AM

WEDNESDAY SCHOOL RESUMES WEDNESDAY, SEPTEMBER 13

OASIS MEAL - 5:00 PM
WORSHIP - 6:00 PM
WEDNESDAY SCHOOL - 6:30 PM
CONFIRMATION - 6:30 PM

First Lutheran Church
ADULT VACATION BIBLE SCHOOL

Many of us probably remember our Vacation Bible School days – learning, summer, outdoor activities, music, crafts, healthy snacks – nearly forty participants experienced these same activities during the “adult” VBS held the evenings of July 31 and August 7. This event, sponsored and coordinated by the FLC Adult Faith Formation team, was well received by those attending.

Pastor Joe led the study and discussion on Martin Luther and the Reformation as well as Luther’s Theology of the Cross vs. the Theology of Glory. To complement this study Don and Janet Bridgers led the music featuring songs like “This Little Light of Mine” and “Give Me Oil in My Lamp”. To enhance the study of Martin and Katie Luther, participants reviewed the history of home and commercial beer brewing in Germany. To add some realism to the brewing industry, participants were able to taste test barley as well as wheat beer and two different varieties of root beer. Healthy snacks included trail mix and raw garden vegetables.

Jodi Kuehn coordinated the craft activity of making citronella candles using jars, lemons and limes, and various garden herbs. To close the VBS event, participants enjoyed roasting marshmallows for their s’mores.

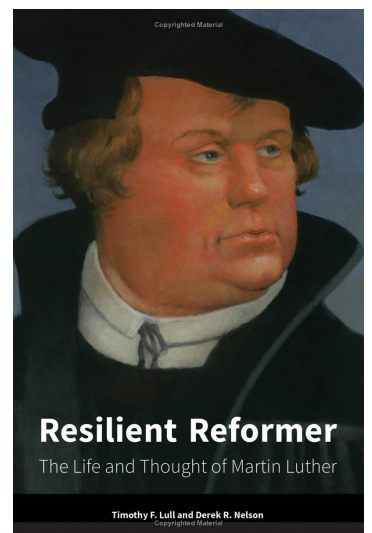
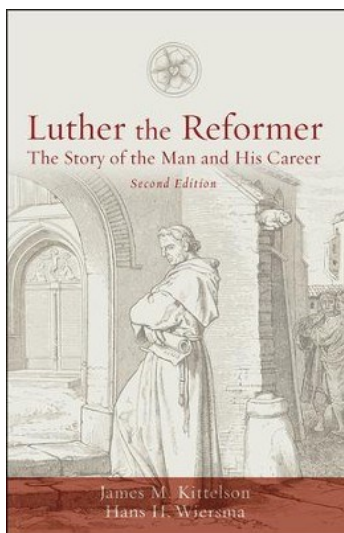
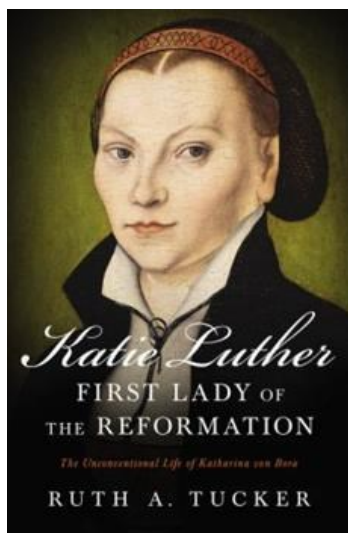
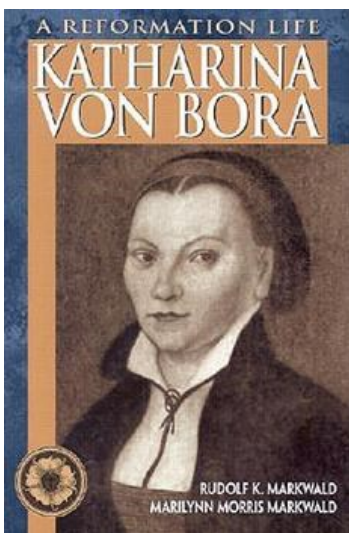
Other FLC Adult Faith Formation team members helping with the VBS were Gary and Jonna Goreham, Holly Heisserer, Phyllis and Tom Neuenfeldt, Sandi and Terry Kemmer, and Pastor Lauryl. Two beautiful summer evenings out in nature learning and playing – what more could we ask!

Watch for the Adult Vacation Bible School next summer!



LIBRARY UPDATE

Whether you attended the Adult VBS sessions or not, you will find fascinating information about both Martin Luther and his wife Katherina von Bora. These new books in the library contain a wealth of information on these two amazing people, and are some of the source materials for both pastor’s presentations.



*Seeing in Color
Again!*



Seeing In Color Again is an inspirational presentation that educates audiences about PTSD, addiction, and suicide. Scott was one of the first firefighters in the country to talk about his experience with PTSD.

Post Traumatic Success



Scott Geiselhart

September is Suicide Prevention Awareness Month

Scott Geiselhart will be speaking at First Lutheran Church, Detroit Lakes

Wednesday, September 27

6 p.m.

(Following the Oasis meal)

All Ages Welcome!

Wednesday scheduled classes for Children and Youth will resume at 6:30 p.m.

Content of Scott's presentation will be less detailed with a younger audience in mind.

The Rec Room will be available for parents and young children that prefer not to attend the presentation.

Volunteers will be on hand to lead a variety of activities.

You are invited to

WOMEN OF ELCA

FALL CONFERENCE

Saturday, October 7th, 2023

Hosted by First Lutheran Church

Price: \$15 Includes - Program, morning coffee and treats by Eksjo Lutheran Church, lunch by First Lutheran Church.

Special Music by Emma Duncan & Holly Heisserer

Presentation: Sheltering Ministry by Mackenzie Hamm

Bible Study: Led by Pastor Lauryl Ivers

Registration: Forms are on the volunteer table at FLC.
Mail form and check to: Marilyn Tinjum, 870 Longview Dr,
Detroit Lakes, MN 56501 - 218-850-9817

Please RSVP by Sunday, October 1st

Registration and coffee start at 8:30 AM followed by the
program in the Sanctuary at 10 AM.

All Women are invited and encouraged to come!
Guests are welcome!





FLC acknowledges with grateful appreciation these memorials which have been received this past month.

AGAPE FUND

- In Memory of:** Lorraine McCawley
 Given by: Ardys Horner
 Given by: Henrietta Malchow
- In Memory of:** Ardis & David Hanson
 Given by: Wayne & Jean Benson
 Given by: Anne Jorgenson
 Given by: Lynn & Beverly Hummel
- In Memory of:** Bob Roel
 Given by: Marilyn Leiseth
- In Memory of:** Rollie Kjos
 Given by: Sandra & Delyle Willprecht
 Given by: Wayne & Jean Benson

ALTAR GUILD FUND

- In Memory of:** Lorraine McCawley
 Given by: Dean & Sue Berg

BUILDING FUND

- In Memory of:** Rodger Tinjum
 Given by: Tallack & Janice Johnson

CHILDREN'S MINISTRY FUND

- In Memory of:** Lorraine McCawley
 Given by: Cliff & Karen Bimberg
 Given by: Marlys Smith
 Given by: Janice & Tallack Johnson
- In Memory of:** Ardis & David Hanson
 Given by: Gloria Dahlen

FLOWER FUND

- In Memory of:** Rollie Kjos
 Given by: Dean & Sue Berg

FOUNDATION FUND

- In Memory of:** Rollie Kjos
 Given by: Ruth Tovson
 Given by: Ruth Olson & Darrel Bauder
- In Memory of:** Ardis & David Hanson
 Given by: Mary Lou Ladeen Anderson

GENERAL FUND

- In Memory of:** Ardis & David Hanson
 Given by: Pat & Janet Juenemann
- In Memory of:** Robert Soukup
 Given by: Pat & Janet Juenemann

HOSPITALITY FUND

- In Memory of:** Ardis & David Hanson
 Given by: Miceal Vaughan

KITCHEN FUND

- In Memory of:** Ardis & David Hanson
 Given by: Adrienne & Larry Buboltz
 Given by: Carol & David Moe
- In Memory of:** Lorraine McCawley
 Given by: Adrienne & Larry Buboltz
 Given by: Sonja Lillquist
 Given by: Sandra & Delyle Willprecht
- In Memory of:** Bob Roel
 Given by: Adrienne & Larry Buboltz

MUSIC FUND

- In Memory of:** Ardis & David Hanson
 Given by: Cliff & Karen Bimberg
 Given by: Ruth Tovson

QUILTER'S FUND

- In Memory of:** Lorraine McCawley
 Given by: David & Elaine Hedman
 Given by: Sue Christensen

RADIO FUND

- In Memory of:** Ardis & David Hanson
 Given by: Marlys Douglas
 Given by: Garnet Hultgren

UNDESIGNATED FUND

- In Memory of:** Officer Jake Wallin
 Given by: Ardys Horner
- In Memory of:** Marny Dreyer
 Given by: The Prow Company
 Given by: Sharron Wolf
- In Memory of:** Ardis & David Hanson
 Given by: Ruth Olson
 Given by: Ardis Hegna
 Given by: Gene & Eloyce Gaffney
 Given by: Rodney & Shirley Searls
 Given by: Viggo & Joann Thomsen
 Given by: Pr. Ann & Robert Larson
 Given by: Bryan & Susan Harris
 Given by: Darrol & Grace Nichols
 Given by: TP & CA Bergien
- In Memory of:** Bob Roel
 Given by: Charles & Laura Nord
 Given by: Susan Herfindahl
 Given by: Stephen Evans & Anna Milner
 Given by: Anonymous
 Given by: David Gordon
 Given by: Viggo & Joann Thomsen
 Given by: W Todd Haggart
 Given by: Dorian Olson
 Given by: Kurtis & Laurie Fong
 Given by: Anonymous

YOUTH FUND

- In Memory of:** Ardis & David Hegna
 Given by: Dean & Sue Berg
- In Memory of:** Bonnie Haglund
 Given by: Doug & Elaine Hedman

Friendly reminder: when giving memorials to the FLC Foundation or FLC Quilters, please make separate checks.

'Action Corp' Monthly Hospitality Teams

September

Leader: Tanzy Haisley

Evangeline Barnack
Dawn Barnack
Terry & Linda Beilke
Ryan & Susan Bjorklund
Brent & Jodi Blake
Richard & Linda Branden
Ardith Carlson
Lenora Dire
Jim Elletson
Leif & Deb Erickson
Zackary & Sara Erickson
Betty Fischer
Steve & Rhonda Fode
Benjamin & Kristi Fradenburgh
Kim Fuhs
Brent & Sarah Fulton

Keith & Virginia Gilbertson
Steven & Rita Glunberg
Gary & Tanzy Haisley
Virginia & Justin Hanson
David & Elaine Hedman
Amanda Heisserer
Ted & Hollice Heisserer
Jody & Julie Hibma
Jeana Ketter
Josh & Tiffany Krieg
Sonja Lillquist
Robert Lund
Paul & Brenda Muckenhirn
Jeff & Lori Nustad
Charlotte Olson

Paul & Pamela Orth
Jena Ortiz & Jesse Trusty
Roger & Arlene Reiersen
Samuel & Kayla Ruppert
Rodney & Susan Schaffer
Kristie Shaffer
Frank & Joleen Skolte
LaVonne Stallman
William Mayberry
LeRoy & Mathilde Svenby
Edward & Anne Trost
Gary Tunheim
Jeff & Barbara Wilson
Gary & Patti Ziebell
Patricia Zurn

Action Corps serves the Coffee Fellowship time on Sunday mornings, provides desserts for funerals and serves other congregational events.

The month you are on Action Corps, you will be called by your Action Corps leader to see when and how you would like to participate. For Sunday mornings: You **can serve** (set-up, serving and/or clean up). You **can donate food** items or you **can donate money** to purchase food items. You will only be called as the need arises for funerals & other events.

We accomplish big things when everybody does a little bit! Thank You!!



October

Leader: Marilyn Tinjum & Catie Herman



Mary Lou Anderson
Verly Anderson
Claudia & Duane Arne
Dick & Lonni Beaton
Steve & Missy Doppler
Carl & Janice Fingalson
Barbara Haugen
Dylan Herman
James & Carolyn Herman
Jay Johnson & Anne McKay
Jan Kvidt
Curtis & Audrey Listul

Eric & Katie Lundmark
Janelle & Fran Maday
Kalan & Renee Malchow
Elizabeth Mathison
LaVerne & Judy Maxwell
Basil & Myrna Mielke
Thomas & Phyllis Neuenfeldt
Carl & Carol Oberholtzer
Darlene Olson
Bruce & Judy Palm
Kayla & Donald Pavlacky
Christopher & Heather Perry

Les & Norma Perry
Ruth Price
Victor Rolle
Charles & Barb Scherzer
Thomas & Elizabeth Schroeder
Daniel & Deborah Sprague
Beth Tinjum
Rodger & Marilyn Tinjum
Dennis & Angela Weaver
Gaylen & Catharine Weisenburger
Gregory & Melissa Wokasch

Each family/person has a 3-month quarter in which they will be called upon for serving. If you know which Sunday you would prefer to help serve during Sunday Coffee Fellowship time, please contact your leader and let them know!
Call the office, 847-5656, if you would like to change the season in which you serve.

September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 Sunday Schedule <i>Healing Service</i> <i>Baptism: Madden Johnson</i> 8:30a Traditional Worship 10:30a Contemporary Worship	28 5:00p Al Anon, Library 5:30p Tae Kwon Do, Rec Rm 6:00p Teacher Orientation	29 8:30a Quilters, Rec Rm 9:00a Office Staff Mtg 10:00a LSS Morning Out, Lib 5:00p Crisis Center Mtg, Zoom 6:00p NA Meeting, Library	30 6:30a Men's Bible Stdy, Hol. In. 11:00a YFM Meeting 4:00p Father's Project 5:00p Worship Tm Reh.	31 8:00a Women's Bible St, Lib 10:30a Business Manag. Mtg	1 10:00a Lee Ann Hagle Funeral 12:00p AA, Library 12:00p Prayer Team, Chapel 5:30p Tae Kwon Do, Rec Rm	2
3 Sunday Schedule <i>Communion</i> 8:30a Traditional Worship 10:30a Cont. Worship (indoors)	4  CHURCH OFFICE CLOSED 5:00p Al Anon, Library 5:30p Tae Kwon Do, Rec Rm	5 8:30a Quilters, Rec Room 9:00a Office Staff Mtg 10:00a LSS Morning Out, Lib 2:00p Rachel Circle, Conf. Rm 5:00p Crisis Center Mtg, Zoom 6:00p NA Meeting, Library	6 6:30a Men's Bible Stdy, Hol. In. 10:00a Oak Crossing Wshp Svc 11:00a YFM Meeting 4:00p Father's Project 5:00p Worship Tm Reh. 6:00p Confirmation Orientation	7 8:00a Women's Bible St, Lib 10:30a Business Manag. Mtg.	8 12:00p AA, Library 12:00p Prayer Team, Chapel 5:30p Tae Kwon Do, Rec Rm	9
						
10 Sunday Schedule <i>Rally Sunday</i> <i>Communion</i> 8:30a Traditional Worship 9:30a Sunday School 10:45a Contemporary Worship	11 5:00p Al Anon, Library 5:30p Tae Kwon Do, Rec Rm	12 8:30a Quilters, Rec Room 9:00a Office Staff Mtg 9:00a Rebekah Cir, Conf. Rm. 10:00a LSS Morning Out, Lib 2:00p Linc Park/Winch Worship 4:00p Sons of Norway, Din Rm 4:00p Adult Faith Formation Mtg 5:00p Crisis Center Mtg, Zoom 6:00p NA Meeting, Library	13 Wednesday Schedule <i>Communion</i> 6:30a Men's Bible Stdy, Hol. In. 11:00a YFM Meeting 4:00p Father's Project 5:00p Worship Tm Reh. 5:00p Oasis Meal 6:00p Worship 6:30p Wednesday School 6:30p Confirmation	14 8:00a Women's Bible St, Lib 10:30a Business Manag. Mtg. 1:30p Ruth Circle, Din. Rm.	15 12:00p AA, Library 12:00p Prayer Team, Chapel 5:30p Tae Kwon Do, Rec Rm	16
17 Sunday Schedule <i>Communion</i> 8:30a Traditional Worship 9:30a Sunday School 10:45a Contemporary Worship	18 5:00p Al Anon, Library 5:30p Tae Kwon Do, Rec Rm	19 8:30a Quilters, Rec Room 9:00a Office Staff Mtg 10:00a LSS Morning Out, Lib 11:00a Becker Cnty Homeless Mtg. 5:00p Crisis Center Mtg, Zoom 6:00p NA Meeting, Library 7:00p Creation Care Tm Mtg	20 Wednesday Schedule <i>Communion</i> 6:30a Men's Bible Stdy, Hol. In. 10:00a Ecumen Worship 11:00a YFM Meeting 11:00a Pelican Landing 4:00p Father's Project 5:00p Worship Tm Reh. 5:00p Oasis Meal 6:00p Worship 6:30p Wednesday School 6:30p Confirmation	21 8:00a Women's Bible St, Lib 10:30a Business Manag. Mtg.	22 12:00p AA, Library 12:00p Prayer Team, Chapel 5:30p Tae Kwon Do, Rec Rm	23
24 Sunday Schedule <i>Healing Service</i> 8:30a Traditional Worship 9:30a Sunday School 10:45a Contemporary Worship	25 5:00p Al Anon, Library 5:30p Tae Kwon Do, Rec Rm 6:30p Sandwich Gener. Group	26 8:30a Quilters, Rec Rm 9:00a Office Staff Mtg 10:00a LSS Morning Out, Lib 1:00p Tai Ji Quan, Rec. Rm. 5:00p Crisis Center Mtg, Zoom 5:30p Vision Council, Din. Rm. 6:00p NA Meeting, Library	27 Wednesday Schedule <i>Healing Service</i> 6:30a Men's Bible Stdy, Hol. In. 11:00a YFM Meeting 4:00p Father's Project 5:00p Worship Tm Reh. 5:00p Oasis Meal 6:00p Seeing in Color Event 6:30p Wednesday School 6:30p Confirmation	28 8:00a Women's Bible St, Lib 10:30a Business Manag. Mtg. 1:00p Tai Ji Quan, Rec Rm.	29 12:00p AA, Library 12:00p Prayer Team, Chapel 5:30p Tae Kwon Do, Rec Rm	30



The First Messenger

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Office Hours:

Winter Hours

(Labor Day to Memorial Day)
Monday—Friday
8:30 AM to 4:00 PM

Summer Hours

(Memorial Day to Labor Day)
Monday—Thursday
8:30 AM to 4:00 PM
Fridays
8:30 AM to Noon

Office Phone: 847-5656
Fax Phone: 847-7009
flc@firstlutheranchurch.com
www.firstlutheranchurch.com

Vision Council

President: Gail Colby
President-Elect: Carla Solem
Secretary: Paula Schulz
Treasurer: Tom Neuenfeldt

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Catharine Weisenburger, & Tanner Duncan

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President-Elect: Les Perry
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Shar Arvig, Lynn Schulberg,
Don Busker, Ted Heisserer & Pam Orth

Congregational Staff

Lead Pastor:

Pastor Joe Skogmo pastorjoe@firstlutheranchurch.com

Associate Pastor:

Pastor Lauryl Ivers pastorlauryl@firstlutheranchurch.com

Business Manager

Paul Haarstick paul@firstlutheranchurch.com

Support Ministries Coordinator

Sarah Nelson sarah@firstlutheranchurch.com

Communications Director:

Melissa Christianson melissa@firstlutheranchurch.com

Information Technology/Media:

Cory Oswald cory@firstlutheranchurch.com

Parish Nurse:

Denise Gaard denise@firstlutheranchurch.com

Worship Music Coordinator:

Karen Bimberg karen@firstlutheranchurch.com

Adult Choir Director:

Kathy Larson kathrynmyrom@gmail.com

Bell Choir Director:

Carla Hansen Hansencarla62@gmail.com

Missionary Pastor:

Rev. Chandran Paul Martin

**Worship is broadcast on KDLM-1340 AM and on
93.1 FM Radio each
Sunday Morning at 10:00 AM.**

**Worship is also webcasted on the church website
www.firstlutheranchurch.com.**

**Worship is also broadcast on T.V. on Saturdays at 9:00 AM
on Arvig Cable channel 14.**